

HANDBALL COACHES SEMINAR IN ESTONIA

Time: March 17-18, 2017

Lecturer: European Handball Federation official lecturer
Mr. Klaus Feldmann, Germany.

Language: The seminar will be in English language.

Registration to participate in the seminar
<https://goo.gl/forms/A6mz0YcQHt0FmoDi1>
until 15.03.2017 at 16:00.

Location: Aruküla Põhikool

Dear participants, please bring your sports hall shoes with you, as in the sports hall, it is allowed to be only with indoor sports hall shoes!

18.03.2017:

10:00 – 11:30	Learning to play	Theory class
11:30- 12:00	Break	
12:00 – 13:30	Little games	Practical demonstration with boys or girls (12/13 years; max. 16 players)
13:30 - 14:30	Lunch	
14:30 – 16:00	Techniques in attack	Theory class
16:00 - 16:15	Break	
16:15 – 17:45	Techniques in attack	Practical demonstration with boys or girls (14/15 years; max. 2 goalkeepers & 12 players)

19.03.2017:

10.00 - 11.30	Variable defence	Theory class
11:30 - 12:00	Break	
12.00 – 13:30	Variable defence	Practical demonstration with boys or girls (16/17 years; max. 2 goalkeepers & 12 players)
	Closing and certificates	



**EUROPEAN HANDBALL
FEDERATION**